



## Congregate Meal Menu February 2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>February 3</b>	<b>February 4</b>	<b>February 5</b>	<b>February 6</b>	<b>February 7</b>
<b>Maple Glazed Pork w/Cider Gravy</b> Roasted Sweet Potatoes Balsamic Glazed Brussels Sprouts Bread w/Margarine Banana Pudding Graham crackers	<b>Pub Steak Cheeseburger</b> Broccoli w/Ranch dip Tomato Soup Fresh Orange	<b>Ham &amp; Cheese Frittata</b> Greek Tossed Salad Roasted Red Potato Wedges Bread Greek Yogurt w/Berries	<b>Orchard Salad with Chicken</b> Salad w/Dressing Garlic Knot w/Margarine Greek Yogurt w/Berries	<b>Macaroni &amp; Cheese</b> Strawberry Spinach Salad w/Dressing Garlic Green Beans Fig Newton cookie
<b>February 10</b>	<b>February 11</b>	<b>February 12</b>	<b>February 13</b>	<b>February 14</b>
<b>Stuffed Pepper</b> Broccoli Mashed Potatoes Bread w/Margarine Pound Cake w/Peaches	<b>Broccoli &amp; Cheese Stuffed Chicken</b> Green Beans & Tomatoes Creamy Spinach Orzo Pasta Fresh Fruit Salad	<b>Petite Beef Tenderloin Medallions</b> Dilled Carrots Mashed Potatoes Bread w/Margarine Fresh Pear	<b>Italian Hoagie</b> Tossed Salad w/Dressing Fresh Apple	<b>Mojo Marinated Cod Filet</b> Coleslaw Corn & Sweet Potato Soup Cilantro Lime Brown Rice Fresh Orange
<b>February 17</b>	<b>February 18</b>	<b>February 19</b>	<b>February 20</b>	<b>February 21</b>
<b>Firehouse Chili</b> Broccoli Brown Rice Bread w/Margarine Fresh Cantaloupe	<b>Chicken w/Gravy</b> Broccoli & Cauliflower Roasted Potato Wedges Bread w/Margarine Apple Lorna Doone cookie	<b>Stuffed Cabbage Roll</b> Mashed Potatoes Green Beans Bread w/Margarine Greek Yoghurt w/Berries	<b>Chicken Avocado Salad</b> Salad w/Dressing Stuffed Pepper Soup Bread w/Margarine Fresh Fruit Salad	<b>Spanish Omelette</b> Diced Potatoes Peppers & Onions Croissant w/Margarine Fresh Fruit Salad
<b>February 24</b>	<b>February 25</b>	<b>February 26</b>	<b>February 27</b>	<b>February 27</b>
<b>Meatloaf w/Gravy</b> Mashed Potatoes Carrots Bread w/Margarine Banana Bread	<b>Chicken Cordon Bleu</b> Green Beans Vegetable Soup Bread w/Margarine Strawberry Banana Applesauce	<b>Beef Stroganoff</b> Tossed Salad w/Dressing Peas Rotini Pound Cake w/Berries	<b>BBQ Turkey Flatbread</b> Potato Salad Flatbread Fresh Cantaloupe	<b>Sweet and Sour Salmon</b> Asian Vegetables Brown Rice Bread w/Margarine Tropical Fruit

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.