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# Bulletin

*Sarah Heinz House*

*March, 2010*

**Success Is Never Final, And Failure Never Fatal; It's Courage That Counts**



## *March is Volunteer Month*

**Volunteers always say "Yes I Can"!**

We have heard many testimonials about how Sarah Heinz House has changed the lives of our members. It is certainly motivating and inspiring to hear those words and to realize that people's lives are better because of Sarah Heinz House. The key to our success is no secret; our success rests in our volunteers. You set the stage with your commitment and dedication, you embody the spirit of greatness by saying, "yes I can, and so can you." I want to thank you for making Sarah Heinz House, Pittsburgh and the world a better place by the incredible example you set through your dedication and inspiration. A caring word, acknowledgement of a task well done, lending a hand, sharing a smile, all contribute to instilling hope and confidence in the young people we serve. Every day we are grateful for the contributions you make. It's been said that "volunteers don't necessarily have the time, but they have the heart", and you may never know how important your caring words were to a member or how that changed their life, but the fact is, you took the time and made a difference and that is heart. Words cannot convey our gratitude or how much we appreciate you. You are special and wonderful.

With Sincere Appreciation,

*Stanley M. Pittman*

*Executive Director*

### **Inclement Weather Policy / Emergency Closings**

During severe weather conditions, we will make every effort to keep the House open. **Even if the schools are closed, Heinz House may be open.** However, there may be times when this is not possible. We generally do not close due to temperature, but more for travel-related conditions.

If we need to close or cancel an activity, we will attempt to have the cancellation broadcast on your WTAE, KDKA and WPXI Television Stations and websites. A corresponding message will also be on our answering machine, if a staff member is not here to answer the phone in person.

If we are open, but you cannot make it due to weather, please call to excuse yourself from your program, as you normally would.

## Calendar: March Dates

### **March 1 (Mon) Spring Program Session (“trimester”) Begins**

Beginning February 22, anyone could sign up for classes that are accepting new students, if open spaces were available. No new signups will be taken for gymnastic, dance, or robotics classes.

**March 4<sup>th</sup> (Thur.) Keystone Fundraiser** at Spaghetti Warehouse – (See separate flyer for details.)

**March 5<sup>th</sup> -6<sup>th</sup> Basketball League Extended Schedule**– see separate article

**March 7<sup>th</sup> (Sun) \*Intro to Kayaking, at SHH** 2-5pm must pre-register. Venture-Outdoors 412 255-0564x21  
**\*\*Swim Team Spaghetti Dinner and Chinese Auction, 5:00—7:00pm**

The Swim Team is hosting its 3rd Annual Spaghetti Dinner and Chinese Auction Sunday, March 7<sup>th</sup>, from 5:00 - 7:00pm. Please come down to Heinz and support the swim team. The cost is \$7.00 adults / \$5.00 children 2-12 and SHH MEMBERS. There will be a Chinese Auction with many great items we are auctioning off. So, try your luck and have a great dinner. TAKE-OUT IS AVAILABLE.

**March 11-16 Heinz House CLOSED**

(Hosting of National Keystone Conference - daytime adult fitness still offered on weekdays.)

**March 12 National Keystone Conferences**

(Hosted by Pittsburgh and Sarah Heinz House – see separate article.)

**March 12<sup>th</sup> 13<sup>th</sup> FIRST Robotics Competition at the Peterson Event Center in Oakland** visit [www.usfirst.org/frc](http://www.usfirst.org/frc)

**March 14 (Sun) \*Intro to Kayaking, at SHH** 2-5pm must pre-register. Venture-Outdoors 412 255-0564x21  
**\*\*Building Cleanup, Volunteers needed**- contact staff member Steve Basel for details  
(SHH hosting National Event Sat night; we are getting bldg ready for our members again!)

**March 17 (Wed) Day Camp Registration begins** (For SHH members and former day campers only this day.)

**March 19 (Fri) “Hang Out” with Staff** No Gym or Club Programs that day (all other normal programs still offered.)

**March 19<sup>th</sup> -20<sup>th</sup> Basketball League Extended Schedule**– see separate article

**March 19 (Fri) TEEN Night 9:00pm, 11:00pm, 8th Grade Members & Up;** \*Building closes at 9pm for all others.

**March 21 (Sun) (BWSA) Boating & Water Safety Awareness,** 9-5pm must pre-register. Venture-Outdoors 412 255-0564x21

**March 24 (Wed) Robotics Camp Registration begins** (for SHH members only this day)

**March 26 (Fri) Kickball for Midgets & Preps,** 7:00—8:00 (free)

**March 27 (Sat) Midget & Prep Field Trips** (note – no Girls Club on Mon, Mar 29)

**March 27 (Sat) Monte Carlo** (See separate flyer for details)

**March 28 (Sun) \*Intro to Kayaking, at SHH** 2-5pm must pre-register. Venture-Outdoors 412 255-0564x21

**March 30 (Tues) Oratorical Contest**

Intermediates, it's time to perfect your public speaking skills. The competition will take place in Club on March 30. This is a great opportunity for you to share your knowledge about a historical American person, place, or thing in front of your peers. Speeches are judged on content, poise, delivery, diction, audibility, appearance, and must remain within the time limit, of 2-3 minutes. Listen in Club for more details. If you need help, see Mara or Dave. The winners will present their speeches at the Annual Recognition Dinner on April 29.

**March 31 (Wed) Annual Volunteer Dinner**

**The building is closed after 2pm on March 31<sup>st</sup>** for a special dinner honoring our Adult, Middler and Senior member volunteers. Invitations will be sent out. Please RSVP to your invitation by Friday, March 19<sup>th</sup>.

Intermediates see Val if you would like to help serve. **All afternoon and evening programs are cancelled.**

# KUDOS & CONGRATULATIONS

## **Youth of the Year Competition**

The finals for this year's Youth of the Year competition were held February 11. Congratulations to our winner, Middler Member Nicholas Foley. Nick will go on to represent Heinz House in the Pennsylvania State Youth of the Year Competition. Congratulations and Good Luck Nick! The other Finalists for this year's competition were: Paige Costello, Anne Kisak, and Brittany Morgan. It was a stiff competition, and the judges had a truly difficult job. Heinz House would have been proud to send any of these members to Harrisburg to represent our organization. Congratulations to all the finalists on your accomplishment of making it to the finals.

## **Gold Shield Winner**

Lucky Midget member Dazsha Burch was the Gold Shield winner for January. Dazsha's Gold Shield was for helping a staff member with another member. Thanks Dazsha!!!!

## **Gymnastics News & Congratulations**

The gymnastics team's competitive season will be finishing up in mid-March, and so far the gymnasts have done a wonderful job.

Each team member has achieved a new personal best on each event, including all around. This year **Senior Kyrsten Dragone**, returned to the gymnastics program, and started the season with enthusiasm and determination. Unfortunately due to an injury, Kyrsten will not be attending the PA Classic. However, sophomore Lauren "Stevie" Smith qualified as an all around Silver level gymnast. She will be attending the PA Classics on Saturday, February 28<sup>th</sup>. Freshman Arisai May, will be joining teammates at the PA Classics as a member of the Baldwin High School Team. Congratulations to all three!

As for our youth team, **Cassidy Chmura, Michael Schmelzer, and Mercedes Kardell** have all had a strong start to the season, each receiving multiple awards on various events. The final home meet of the season will be the Heinz House Invitational, held Sunday, March 21<sup>st</sup>.

## **International FIRST Robotics Competition**

For 6 weeks the Sarah Heinz House High School Robotics team worked tirelessly to create a robot that could compete in the regional tournament of the **International FIRST Robotics Competition**. This year's game resembles a soccer game. Students are asked to ally with other competing teams to shoot, go over hurdles, and climb up poles. As a rookie team, the Sarah Heinz House Robotics group had a lot of things to consider. They kicked off their season with a three day brainstorming event, allowing them to brainstorm with professional engineers, former teachers, computer programmers, and each other. From there the robotics team designed, and redesigned, their competition robot. Despite the week long winter-storm break, the robotics team is ready to compete on **March 12<sup>th</sup> and 13<sup>th</sup> at the Peterson Event Center in Oakland**. This competition is free to the public so come on down and support your High School Robotics Team as they show others what Sarah Heinz House can do! For more information about the FIRST Robotics Competition visit [www.usfirst.org/frc](http://www.usfirst.org/frc). We look forward to seeing you at the competition when you come down to support us!

## **Program Announcements:**

### **Basketball League Schedules Extended**

The in-house basketball league season will extend into March. The games that were to be played on Feb 5-6 will be played on March 5-6. The games that were to be played on Feb 12-13 will be played on March 19-20:

Fri	Mar 5	7:00	Team A	vs.	Team C
		7:45	Team B	vs.	Team D
Sat	Mar 6	12:30	Pitt	vs.	Slippery Rock
		<b>1:15</b>	<b>Celtics</b>	<b>vs.</b>	<b>Lakers</b>
		<b>2:00</b>	<b>Celtics</b>	<b>vs.</b>	<b>Heat</b>
Fri	Mar 19	7:00	Team A	vs.	Team D
		7:45	Team B	vs.	Team C
Sat	Mar 20	12:30	Slippery Rock	vs.	Duquesne
		1:15	Slippery Rock	vs.	Pitt

## Program Announcements Continued:

### Spring Sports League (In-House)

No official 3<sup>rd</sup> Sports League will offered this March and April.

On Friday, **March 26, Kickball** will be offered for Midgets and Preps, from 7—8pm.

On Saturday, **March 27, Open “pick-up” Basketball** will be offered for:

Jrs and Intermediates from 12:30—1:30pm; then for

Middlers, Seniors, and our Adult Volunteers, from 1:30—2:30pm.

Your April Bulletin will list the other sports activities offered during normal league times in April.

### March Program CANCELLATIONS

**March 11—16** Building CLOSED, no programs (except weekday adult fitness hours)

**March 29** No Midget or Prep Girls’ Club program (due to March 27 field trip)

**March 31** Building CLOSED 2pm - Volunteer Dinner (By Invitation, please RSVP)

### Keystoners to attend National Keystone Conference

On Friday, March 12<sup>th</sup> – Monday, March 15<sup>th</sup>, the Sarah Heinz House Keystone Club (Teen Leadership Development group) will serve as the host club for the 43<sup>rd</sup> National Keystone Conference. They will meet with other Keystoners from all over the country to discuss issues facing teens. On Saturday night, 1500 people will be at Sarah Heinz House as part of the conference. This trip would not be possible without all the support they receive from their parents, staff, volunteers, and fundraiser supporters. So, they would like to thank everyone who helped them go to this conference - they could not do it without you!!!

### Midget/Prep Girls Camp Presentation

The Midget and Prep GIRLS will have their camp presentation as a combined Club on **Monday, March 22<sup>nd</sup>** from 6:30-7:30pm. They will have a chance to meet the camp director, see great pictures from last year, play a camp game, and lots more. **Parents** of any interested campers, members AND non-members, are encouraged to attend. Parents or Guardians who DO attend will be given a free booklet (if they do not already have one) and a **FREE page’s worth of Camp Stamps!**

### Midget/Prep Boys Camp Presentation

The Midget and Prep BOYS will have their camp presentation on **Saturday, March 27<sup>th</sup>** during their normal Club times. They will have a chance to meet the camp director, see great pictures from last year, play a camp game, and lots more. **Parents** of any interested campers, members AND non-members, are encouraged to attend. Parents or Guardians who DO attend will be given a free booklet (if they do not already have one) and a **FREE page’s worth of Camp Stamps!**

### Midget/Prep Field Trips

On Saturday, March 27<sup>th</sup>, the Midget/Prep Girls will be going on a Field Trip. The Midget /Prep boys field trip will be on Saturday March 20<sup>th</sup>. Details and permission slips will be given in Club and Gym/Swim. Girls Club on Monday, March 29<sup>th</sup> will be cancelled because of the Field Trip on Saturday. Attendance at field trips does not count against a member. If you have any questions, please see Mara (girls) or Dave (boys).

### Middler/Senior and Jr./Int. Field Trips

On Thursday March 25<sup>th</sup> the Middler/Seniors will be going on a co-ed Field Trip. A combined Jr./Int. co-ed field trip will be on Wednesday, March 3<sup>rd</sup>. There will be no intermediate club on Tuesday March 2<sup>nd</sup>. Details and permission slips will be given in Club. Attendance at field trips does not count against a member. If you have any questions, please see Mara and Dave.

### Club Socials

Juniors and up will have a social during club this month. The socials are free. Refreshments will not be served.

Juniors	Wednesday, March 17 <sup>th</sup>	7 - 8:30 pm
Middler/Seniors	Thursday, March 18 <sup>th</sup>	8 - 9:15 pm
Intermediates	Tuesday, March 30 <sup>th</sup>	7:30 - 9 pm, after Oratory Contest

## **Volunteer Profile – Mr. Jerry Collins**

Mr. Jerry Collins has been a weekly adult volunteer at Sarah Heinz House Since 1980. Jerry has traditionally and directly worked with the members through Junior Boys Club and Gym/Swim programs, but he has impacted the kids and Heinz House behind the scenes in many more ways.

As a member, he earned his Bronze, Silver, and Gold Loyalty Pins. He attended Heinz House Camp as a member, and then served as a CIT and later as a Camp Counselor. He has served on the Heinz House Set Up and Tear Down crews since the late 70's (and still does), taking personal vacation time to do so each year. He has driven his truck and trailer several years to Mechanicsburg, to pick up the Heinz food order for our kids at resident camp. As an electrician, he has assisted our Maintenance staff with many camp projects, and “taken care” of camp in many other ways, again many of them behind the scenes. He has helped coordinate many activities and been involved at every North Park Alumni Picnic (which began in 1986). Jerry serves on the SHH Advisory Board, and he is visible and supportive at many of our special events.

The term “behind the scenes” has been described for much of Jerry’s work – which does not lessen the importance of that work. Many things at Heinz House and camp go smoothly because of that behind the scenes work. You may not even notice some of the work...you would only notice if some of those things had not been done...for instance, if we did not have enough food at camp, or if we had electrical problems at camp. Thanks to Jerry, we usually don’t have problems like that.

Mr. Pittman always says that “the volunteers are the ‘lifblood’ of Sarah Heinz House”. Jerry Collins is a great example of our volunteers, who make Heinz House so special. Heinz House could not survive without dedicated volunteers like Jerry Collins.

## **Members & Young Alumni – “CLUBService” Info**

Earn money for School-Have you heard about CLUBService yet? Are you between the ages of 17 and 24? If so, you can serve Sarah Heinz House (volunteer or paid) and earn money for school. For serving 900 hours, a person can earn \$2362.50 for education. CLUBService is a Boys & Girls Clubs of America, Americorps, and a TEENS supreme initiative. In order to receive the award, one must complete all 900 hours. If you are interested in learning more about this program or would like an application packet, please contact Jennifer or Mike.

## **FRIDAY NIGHT SPECIALS for Families and Members**

### **MARCH 5<sup>th</sup> FAMILY ZUMBA! 7:00-8:00pm**

Certified Zumbatomic (Zumba for kids) instructor Angie Thompson will be leading a class at SHH! This event is free and open to adults and kids of all ages, but you must sign up at the front desk.

### **MARCH 12<sup>TH</sup> – NO Special**

\*BUILDING CLOSED FOR KEYSTONE CONFERENCE

### **MARCH 19 - NO Special - TEEN NIGHT 8:00–10:00pm (must be 8<sup>th</sup> –12 grade)**

\* BUILDING CLOSES at 8:00 SHARP (for anyone 7<sup>th</sup> grade and under). Flyers of the event will be given out in club.

### **MARCH 26<sup>TH</sup> FAMILY Game Night 7:00-9:00pm**

Bring your favorite game, or play one of ours! (Cost \$1 for a light snack)

## Help Needed

**HELP!! --The discovery space is looking for volunteers to assist with science experiments, crafts, games, and other fun activities. The discovery room is open Tuesdays & Thursdays 4-7 and Fridays 4-6. Contact Jennifer S. if you are interested.**



**Save this Date:** Tuesday, May 18<sup>th</sup> 9am  
**Where:** Sarah Heinz House  
**Event:** Planting our Community Garden (triangle near Rt. 28)  
**Who:** **Anyone willing to help**, members' parents, fitness center members, Silver Sneakers, Heinz retirees, anyone available this date and time.

**Please call Cathy at 412 231-2377 ex. 22 if interested or any questions. Thank You.**

## **Counselors Needed for Summer Camps**

We are accepting applications for counselors for our summer camps. Resident Camp - You must be at least 18 or older. Day Camp - Counselor's positions, as well as special director positions are available at our Day Camp

Day camp [yovanovic@sarahheinzhouse.com](mailto:yovanovic@sarahheinzhouse.com)  
Boys' & Girls' Resident Camp [bechtold@sarahheinzhouse.com](mailto:bechtold@sarahheinzhouse.com)

## **SUMMER PROGRAM INFORMATION**

**See Separate Flyer For NEW Registration Procedures**

### **DAY Camp Registration**

March 17 <sup>th</sup>	9:15am - 8:30pm	Sarah Heinz House Members* Only
March 18 <sup>th</sup>	9:15am - 8:30pm	SHH Members* & Former Day Campers
March 19 <sup>h</sup>	9:15am - 8:30pm	SHH Members* & Former day Campers
March 22 <sup>nd</sup>	9:15am - 8:30pm	Open to the Public

\*You must be a member in good standing to get the member sign up dates and membership fees.

Day Camp is open to children who have completed a full year of kindergarten by June 2010, up to and including those who have completed seventh grade in June of 2010.

There are four, ten day sessions. Monday through Friday and again Monday through Friday is one session. Fees per session are \$115 for SHH Members, \$175 for non members (field trip included) per session plus \$30 for camp store.

All money is due at registration.

Register only for the weeks you are sure to attend.

Fees will NOT be refunded after June 1.

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### **Heinz House RESIDENT Camp Registrations**

(We go and STAY at our camp in Ellwood City for 11 days)

April 7 <sup>th</sup> (Wed)	9:15am – 8:30pm	ONLY SHH Members* w/\$20 or more Camp Stamps saved;
April 8 <sup>th</sup> (Thur)	9:15am – 8:30pm	Any current SHH Members* in good standing;

April 9<sup>th</sup> (Fri) 9:15am – 8:30pm SHH Members\* and former (resident) campers;  
April 12<sup>th</sup> (Mon) 9:15am – 8:30pm Open registration to the Public

\*You must be a member in good standing to get the member sign up dates and membership fees.

## **Sarah Heinz House Day Camp**

**This camp is held at Sarah Heinz House for children K thru 7th grade.**

**As everyone knows, our Day Camp fills up fast.**

**Registration forms will be mailed to you in early March.**

**This year's fee will be:**

**\$115 per session for members, \$175 for nonmembers (this fee includes field trips),**

**Plus \$30 camp store money per session (note different from past yrs).**

**Don't miss out on a great summer. Come to our Day Camp.**

### **Session dates are tentative:**

<b>First Session</b>	<b>Monday, June 21</b>	<b>through</b>	<b>Friday, July 2</b>
<b>Second Session</b>	<b>Tuesday, July 6</b>	<b>through</b>	<b>Friday, July 16</b>
<b>Third Session</b>	<b>Monday, July 19</b>	<b>through</b>	<b>Friday, July 30</b>
<b>Fourth Session</b>	<b>Monday, Aug. 2</b>	<b>through</b>	<b>Friday, Aug. 13</b>

## **Heinz House Resident Camp In Ellwood City on the Slippery Rock Creek**

Registration for Resident Camp is in April, but it's never too soon to start saving camp stamps for a great vacation at Heinz House Camp. Camp is a summer blast that you don't want to miss. Make sure you are saving camp stamps. Each stamp purchased brings you one step closer to another exciting year at camp. This year's camp fee is \$150 per member, per session, plus crafts and camp store money \$30 per session. Registration for our resident camp takes place in April.

**Please NOTE: The following Resident Camp dates are tentative.**

### **Boys' Camp Dates \*\*\***

<b>First Session:</b>	<b>Wednesday, June 23</b>	<b>through</b>	<b>Saturday, July 3</b>
<b>Second Session:</b>	<b>Saturday July 3</b>	<b>through</b>	<b>Tuesday July 13</b>

### **Girls' Camp Dates**

First Session: Saturday July 17 through Tuesday July 27  
Second Session: Tuesday July 27 through Friday Aug 6

Sarah Heinz House  
Keystone Club Parents  
Present

# Night at the Races & Monte Carlo

Saturday, March 27<sup>th</sup>  
6:30 pm - 11:30 pm  
Sarah Heinz House

Tickets \$20 per person includes:  
Catered dinner, Beer, Pop, Mixes, & DJ....B.Y.O.B.  
Doors open at 6:00 pm  
Buffet served 6:30 pm – 7:30 pm  
Races begin at 7:30 pm

Make reservations now...Deadline Saturday, March 20<sup>th</sup> (or first 300 people)  
Fills up quickly, get your tickets now!

Call Jennifer or Mike at 412-231-2377

There will also be an opportunity to sell your gold – Call for details and an appointment (appointments are limited)

This is a non-smoking event.

**Sarah Heinz House Keystone Club Parents  
Night at the Races & Monte Carlo  
Saturday, March 27<sup>th</sup> .....6:30 pm- 11:30 pm  
Sarah Heinz House**

Tickets \$20 per person includes:  
Buffet Dinner, Beer, Pop, & DJ...BYOB  
Buffet served at 6:30 pm      Races begin at 7:30

**Horses for Sale .....Not Necessary to be Present  
Buy a Horse for \$10 .....Name your Thoroughbred  
If your horse wins....you win \$50**

The owner's name will be listed with the thoroughbred's name on the race card.  
Horse deadline: Saturday, March 20<sup>th</sup>

Make Reservations Now...Deadline Saturday, March 20<sup>th</sup>

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Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Number \_\_\_\_ attending at \$20 per person .....Total \_\_\_\_\_

Number \_\_\_\_ of Horses at \$10 each .....Total \_\_\_\_\_

**Make checks payable to: Sarah Heinz House      Amount enclosed**

Race Reservations

Questions....

One Heinz Street

Call Jen or Mike at 231-2377

Pittsburgh, PA 15212

**Name your Thoroughbred....we will call winners if not present.**

Name of Horse \_\_\_\_\_ Name of Owner \_\_\_\_\_

Phone Number \_\_\_\_\_

Name of Horse \_\_\_\_\_ Name of Owner \_\_\_\_\_

Phone Number \_\_\_\_\_

Are you willing to help for an hour? \_\_\_\_\_ If so, doing what?

Selling race tickets

Dealing

50/50 tickets

Anything needed

Support the Sarah Heinz House Keystone Club while  
having a good time!

**\*\*\*You MUST PRESENT THIS FLYER to your server to count  
your purchase toward the fundraiser\*\*\***

Join us on **Thursday, March 4<sup>th</sup>** at



In the Strip District  
2601 Smallman Street  
Pittsburgh, PA 15222

Here's how you can help:

Come to The Spaghetti Warehouse with as many people as you would like  
between 4-10 pm on Thursday, March 4<sup>th</sup>.

Order what you want, enjoy your dinner and the company.

That's it!!

If we are able to get 100 people to eat dinner at the restaurant that night, The  
Spaghetti Warehouse will donate 10% of their earnings from that night!!!

If you have any questions, please see a Keystoner or Mike!